

T.R.U.C.E.  
LEARNING CENTER  
1026 MERRITT  
FORT WORTH, TX 76114  
817-252-2500



## UPCOMING EVENTS

- March 8th  
Spring Forward
- March 9th  
School board Meeting
- March 16-20  
Spring Break



Chris McGrath  
Director

# T.R.U.C.E. Learning Center

## News

The Real Understanding of Completing an Education

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## From the Director

With TAKS season upon us, there are a few suggestions I would like to make to help your testing day be as successful as possible. This is not an inclusive list, but if you can remember a few of them. I am sure they can make a huge difference.

### ***Physical Readiness***

1. Get a good night's sleep.
2. Eat a healthy breakfast.
3. Wear comfortable clothing, as long as you follow school dress code.
4. Do not forget to take medications as prescribed by your doctor.
5. If you are supposed to wear glasses or contacts, wear them.

### ***Reduce Anxiety***

1. Be on time to school.
2. Pace yourself during the test. Don't worry about the whole test at once-tackle questions one at a time.
3. Don't "score" yourself as you take the test.
4. Don't look for letter patterns of correct answers.
5. Don't panic if you have a memory lapse or mental block. This is normal. Go on to the next item and come back to the trouble spot later.
6. Don't expect to *know* the answer to every question. Expect some items to be too hard. Just do your best.
7. Avoid unnecessary clock-watching, but do be aware of the time.
8. Ignore other test takers.
9. Think positively.
10. Don't give up!

### ***Test-Taking Strategies***

1. Read the questions first. Then read the paragraph.
2. Understand that reading to answer specific questions is a different task than reading for content mastery.
3. Answer the easiest questions first.
4. Skip over the more difficult items and come back to them later. List these numbers on scratch paper and be sure to skip that row on your answer sheet.

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The Mission of Castleberry ISD is to graduate all students as lifelong learners who will excel in our changing world and competitive workplace.

## Counselor's Corner

I want to first applaud the students and parents at TRUCE because our attendance continues to improve every six weeks. But as a reminder, your child must be in attendance 90% of the school days in order to receive credit for that class. This includes days while you were at your home campus. Therefore, if your child has missed more than nine days this first semester, he/she needs to be attending Saturday School to make those days up. Saturday School is from 8-12, and one Saturday will make up for two missed school days. Although TRUCE does not offer an Attendance Saturday School, we encourage you to contact your home campus when you get out of TRUCE to schedule a date to make these days up.

## Spring Forward

Please remember on the second Sunday of March, we will move our clocks forward 1 hour at 2am. I encourage everyone to go to bed an hour early to make sure everyone has had enough sleep. You want to come to school feeling refreshed, and ready to learn. While you are moving your clocks forward, there are a few things we encourage you to check at your house:

- Check the batteries in the Smoke/CO Detectors
- Replace Smoke Detectors older than 10 years
- Throw away out of date medications

## District News

### Skyward Family Access

Castleberry ISD parents can now check their student's grades, attendance, discipline, and health records from home with Skyward Family Access. New for the 2008-2009 school year, parents can see what their children are purchasing for lunch and their lunch account balance. To sign up to receive your user name and password for Family Access, please call 817-252-2023.

### For more information about Castleberry ISD

- Explore our Webpage: [www.castleberryisd.net](http://www.castleberryisd.net)
- Watch **Charter Cable Channel 30** in the River Oaks and Sansom Park Areas.
- Call **817-252-2000** and choose **Option 8** for weekly events.

### Schedule of Events

- Your school's calendar, as well as a district-wide calendar, are available on our website.
- From our home page, choose "schools," then your school, then "School Calendar."

### Family Access

- CISD parents can now go online and view their student's grades, health records, attendance, and much more.
- Sign up for Skyward Parent Access today by calling 817-252-2023.

### Volunteers

- From our home page, choose "Volunteer Program."
- You can print out a volunteer application and turn it in to your school secretary.

### School Board Meetings

- A summary of each Board meeting is available on our website.
- From the home page, choose "Board of Trustees."